
Subject: Square Foot Gardening

Posted by [Mel_SDR](#) on Sat, 26 Sep 2015 22:50:49 GMT

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What is square foot gardening?

Its a system of laying out, planting, and maintaining a productive, attractive garden in any amount of space. The garden is based on a grid of 1-foot squares, with single seeds or plants placed in carefully determined spacings. Climbing and sprawling crops like cucumbers, pole beans, squash, and tomatoes are grown vertically to save space.

The square foot system lets you make the most of your garden space to conserve the amounts of water, soil conditioners, and labor needed to produce a maximum amount of food in that space. A square foot garden takes only one-fifth the space and work of a conventional single-row garden to produce the same harvest and is easy to maintain so the garden stays neat, weedless, and is easy to maintain so the garden stays neat, weedless, and uncluttered all season.

Does it really work?

Here's one example of how much you can grow in two months in just one garden block (a 4-foot by 4-foot area):

32 carrots - 12 bunches of leaf lettuce - 18 bunches of spinach - 16 radishes - 16 scallions - 16 beets

9 Japanese turnips - 5 pounds of peas - 4 heads of romaine lettuce - 1 head of cauliflower - 1 head of broccoli

Who can use the square foot method?

Beginning gardeners; suburban gardeners with small lots; homesteaders and large-scale gardeners who want save space, time, and work; older folks who need to streamline their gardening activities; and busy people of all ages who don't have much time to spend on gardening chores.

I myself have used this very method of gardening along with container gardening and I will never return to the conventional method of row gardening again for it is major waste of space and requires more time and equipment to maintain.

Here is the book that I used to get started and a few links to help you on your way. I hope and pray this helps those who wish to grow their own food, you will be amazed at how much you can grow and produce in very little space.

Square Foot Gardening
by Mel Bartholomew
ISBN 0-87857-340-2 Hardcover
ISBN 0-87857-341-0 Paperback

An Introduction to Square-Foot Gardening
<http://www.getrichslowly.org/blog/2007/04/21/an-introduction-to-square-foot-gardening/>

Tims Square Foot Gardening Page
<http://timssquarefootgarden.com/>

Square Foot Gardening
<http://www.gardenguides.com/square-foot-gardening/>

How To Plant A Square Foot Garden
<http://www.motherearthnews.com/organic-gardening/garden-plan-ning/square-foot-gardening-ze0z1111zkon.aspx>

Introducing Square Foot Gardening
https://www.youtube.com/watch?v=N5Lu-7Fij_g