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Subject: Colon Health and The Dangers of Colonoscopies  
Posted by [Hello There](#) on Sat, 23 Dec 2017 05:17:46 GMT  
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<https://www.youtube.com/watch?v=gL3frk2CUYI>

NOTE: You can get Omega 3 fatty acids from sources other than fish (e.g., flaxseed oil and walnuts, according to Wikipedia).

Relevant quote: Quote:When you understand physiology in its truest sense, your drug bills will be very much smaller, and finally you will cease to deal out drugs at all. The physician who depends upon drug medication in his practice shows that he does not understand the delicate machinery of the human organism. He is introducing into the system a seed crop that will never lose its destroying properties throughout the lifetime. I tell you this because I dare not withhold it. Christ paid too much for man's redemption to have his body so ruthlessly treated as it has been by drug medication. {MM 229.2}

Years ago the Lord revealed to me that institutions should be established for treating the sick without drugs. Man is God's property, and the ruin that has been made of the living habitation, the suffering caused by the seeds of death sown in the human system, are an offense to God.--Letter 73, 1896.

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